

3. THINKING TIME

Start to think about what your object or animal looks like. What associations does your object or animal have for you? Let these associations float freely into your mind. Some might seem odd or wild or off the point, but don't judge their rightness and just keep them floating in your mind. To get yourself started, you might ask yourself seven questions about your object or animal:

Where is your animal or object found?

Does it move?
How does it move?

And what are those freely floating associations you had about your object or animal?

What is its skin, fur or surface like?

What is its voice or sound like?

What is its face or mouth or front or top like?

What does it eat or what jobs does it do?

